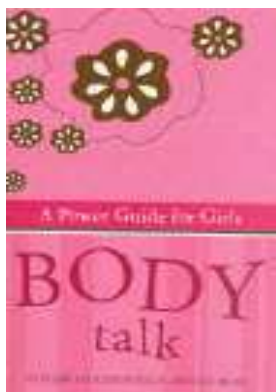


Library Bulletin Women's Conference 2008

Resources for loan

Useful web sites

BODY IMAGE



Body talk: a power guide for girls by Elizabeth Reid Boyd and Abigail Bray. Sydney: Hodder Headline Australia Pty. Ltd., 2005. This book promises "...to help you speak out, change your life and achieve the happiness you deserve. Find out how to deal with gossip and competition and win the battle in the beauty wars; learn how to beat the body blues; talk back to the media and demand to be

heard; make your dreams come true and celebrate your power". - Back cover. **305.23/BOY**



Everybody's different: positive approach to teaching about health, puberty, body image, nutrition, self-esteem and obesity prevention by Jenny O'Dea. Camberwell, Vic.: ACER Press, c2007.

Everybody's Different details how to apply a proven self esteem approach in schools, community settings and clinical situations to

improve body image conceptions, prevent eating disorders and obesity, and foster health, nutrition and physical activity in young people. Adopting a whole-school approach and based on 16 years of research and teacher training, this book contains: Case studies; Research outcomes; Classroom activities; Worksheets, games and word puzzles; Teacher training; Community links – Publisher's website. **613.2/ODE**

Eating Disorders Foundation

<http://www.edf.org.au/menu.htm>

Reach Out! Fact Sheet: Body Image: How to Love the Skin You're In

<http://www.reachout.com.au/default.asp?ti=2527>

Women's Health Queensland Wide Fact Sheet: Body Image

<http://www.womhealth.org.au/studentfactsheets/bodyimage.htm>

CATHARINE LUMBY

Guest speaker

Bad girls: the media, sex and feminism in the 90's by Catherine Lumby. St. Leonards, N.S.W.: Allen & Unwin, 1997.

Catharine Lumby gives us a controversial and exciting new take on debates surrounding pornography, censorship and the media, arguing that the complaints of sexism which are often levelled at popular culture and the media are simplistic and out-of-date.—Back cover. **305.42/LUM**

Feminism's big sister misses the appeal of 'Big Brother' by Catharine Lumby. On line opinion – Australia's e-journal of social and political debate, posted Monday, 17 January 2005.

<http://www.onlineopinion.com.au/view.asp?article=2940>

Footy chicks [DVD]/ Film Finance Corporation Australia; a Red Ithaka production. Canberra: Ronin Films, 2006.

Footy Chicks takes the viewer into a world that is not only fun and colourful but also dark and ugly and where the rules are never clear. The possibility of sex with a football player is a fantasy for many women and a reality for some. Footy Chicks explores the scene off the footy field - a colourful world of players and the women who pursue them. For players the availability of sex is a constant temptation ... But amidst the fun and games, sometimes the line gets crossed. Place into the mix male bonding, peer pressure, negative attitudes to women and vast amounts of alcohol, and this alluring world can quickly turn dark. Interviewees include: Katie Haines from Footy Fans Against Sexual Assault ; Dr Clifton Evers, Lecturer in Gender Studies ; Dr **Catharine Lumby**, Associate Professor in Media Studies ; Karen Willis from the New South Wales Rape Crisis Centre. **DVD 796.33/FOO**

YOUTH AND BODY IMAGE WEB SITES

Australian Clearinghouse on Youth Studies

The Australian Clearinghouse on Youth Studies provides information on the complex and wide-ranging issues that affect young people today, from early adolescence to the early adult years. <http://www.acys.info>

Better Health Channel Fact Sheet: Body Image Issues for Women

http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Body_image_issues_for_women

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Ph: 9217 2113 email: library@nswtf.org.au

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Council Saturday: 8.30 – 12 noon

Out of the slipstream: the creation of celebrities by Catharine Lumby. On line opinion: Australia's e-journal of social and political debate, posted Monday 13 September 2004.
<http://www.onlineopinion.com.au/view.asp?article=2541>. First published in the Griffith Review, September 3, 2004.

Pop goes the culture by Catharine Lumby. The Age, January 20, 2004.
<http://www.theage.com.au/articles/2004/01/19/1074360693855.html>

The porn report by Alan McKee, Katherine Albury and Catharine Lumby. Carlton: MUP, 2008.

This book presents "...a comprehensive examination of the production and consumption of pornography in Australia". - Back cover. **363.47/MCK**

Remote control: new media, new ethics edited by Catharine Lumby, Elspeth Probyn. Port Melbourne, Vic.: Cambridge University Press, 2003.

Chapters include: An ethics of engagement / Elspeth Probyn & Catharine Lumby -- Real appeal: the ethics of reality TV / Catharine Lumby. **ON ORDER**

Sex sells – but at what cost to our kids? Difference of Opinion [ABC TV] 27 September 2007.

Panellists include Associate Professor Catharine Lumby, the Director of the Centre for Social Research in Journalism and Communication at the University of NSW.

To access transcripts and videos, visit http://www.abc.net.au/tv/differenceofopinion/content/archives/dao_20070927.htm

Working culture must change if equal parenting is to become a reality by Catharine Lumby. On line opinion – Australia's e-journal of social and political debate, posted Friday 20 February 2004.

<http://www.onlineopinion.com.au/view.asp?article=1938>

MARIA PALLOTTA-CHIAROLLI

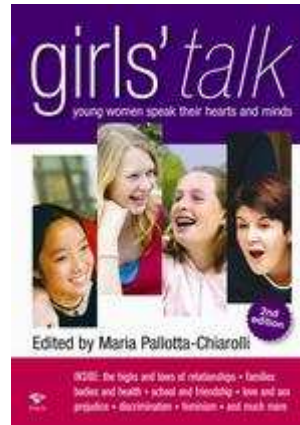
Being normal is the only way to be: adolescent perspectives on gender and school by Wayne Martino and Maria Pallotta-Chiarolli. Sydney: University of New South Wales Press, 2005.

A book for teachers and parents of adolescents. Draws on the writings of teenage boys and girls and uses these to build specific knowledge about what it means to be an adolescent at school, what it means to be cool and normal, and the effects of these social constructions on learning and relationships.

371.8/MAR

Boys' stuff: boys talking about what matters compiled by Wayne Martino & Maria Pallotta-Chiarolli. Crows Nest, NSW: Allen and Unwin, 2001.

Reader comment, November 2001 (Ben-Zion Weiss, Federation Member): "... an excellent presentation of current issues and challenges facing young men. It speaks in the voice of a variety of boys who are maturing into manhood in a way that contradicts the stereotypes. It reveals the dilemmas around violence, homophobia, drugs, sex, families, fathers and other vital matters like expressing feelings." **205.235/BOY**



Girls' talk: young women speak their hearts and minds

compiled and edited by Maria Pallotta-Chiarolli. Lane Cove, N.S.W.: Finch, 2006.

"In this revealing insight into the lives of young women, contributors from across Australia (aged between 12 and 20) write about their lives, hopes, happiness and pain. We learn of love affairs, rejections, inspiring friends, failed relationships,

uplifting struggles to achieve their dreams or be accepted, the complexities of family life, the struggle to understand their sexuality, the quest for independence, and stories of overcoming obstacles and discrimination. In addition to the text, other highlights include the wonderfully droll humour of Judy Horacek's cartoons as well as photographs and illustrations from young women." - Publisher's website. **305.235/GIR**

So what's a boy? Addressing issues of masculinity and schooling by Wayne Martino and Maria Pallotta-Chiarolli. Maidenhead, Berkshire: Open University Press, 2003.

Through looking at the problems and examining the question of what makes a boy a boy, this fascinating title offers recommendations and outlines directions for working with boys in schools in the future. – Back cover. **371.823/MAR**

Tapestry by Maria Pallotta-Chiarolli. Milsons Point, NSW: Random House Australia, 1999.

Maria explores her family history," from five generations of women and men in her family, from the turn of the twentieth century to its final years, from the poor villages of Italy to the cities of Australia, and back to a nineties Italy that is both alien and home." – Back cover. **B/PAR**

When our children come out: how to support gay, lesbian, bisexual and transgendered young people by Maria Pallotta-Chiarolli.

Sydney: Finch, 2005. For young people struggling with issues around their sexuality, 'coming out' to their families, schools and communities can be traumatic. The alarming statistics for youth suicide, risk-taking behaviours and mental health concerns reflect the alienation and harassment felt by gay, lesbian, bisexual and transgendered young people as they wrestle in isolation with the difficulties of 'being different'. They need families, schools and communities to provide support, understanding and affirmation; and to be their allies against homophobia. **306.76/PAL**

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Useful Government Websites

Equal Opportunity for Women in the Workplace Agency (EOWA)

EOWA's role is to administer the Equal Opportunity for Women in the Workplace Act 1999 (Commonwealth) and through education, assist organisations to achieve equal opportunity for women. <http://www.eeo.gov.au/>

NSW Office for Women

The Office for Women is the key advisor to the NSW State Government on policies which impact directly on women. It also provides a valuable role in contributing to discussions on important social and economic issues relevant to women. <http://www.women.nsw.gov.au/>

NSW Office of Industrial Relations - Work & Family

Provides links to information about managing work and family responsibilities, including the answers to Frequently Asked Questions. <http://www.workandfamily.nsw.gov.au>

Office for Women

Part of the Department of the Prime Minister and Cabinet, the Office provides policy advice to the Prime Minister and the Minister Assisting the Prime Minister for the Status of Women. Site features the *Window on Women*, a unique, single reference point designed to provide free access to integrated statistical data about women's needs and circumstances. <http://www.ofw.facs.gov.au>